

Dear Dr. _____

I am a Certified Clinical Hypnotherapist certified by The New England Institute of Hypnotherapy. In addition I also hold a Bachelor of Arts Degree in Psychology and Sociology from Seattle Pacific University, a Masters of Occupational Therapy from University of Puget Sound and am a Certified Yoga Therapist through Integrative Yoga Therapy. I am also the owner of Living Room Yoga, LLC, a yoga therapy studio in St. Petersburg.

Your patient, _____ has requested hypnotherapy help for _____. Under Florida law it is required that a hypnotherapist receive a signed referral letter if a client has been previously diagnosed by a medical doctor or is under the treatment of a physician for the presenting condition.

I do not attempt to treat or diagnose disease or mental disorders of any kind. Hypnosis in no way replaces standard medical procedures, but works in conjunction with them by assisting clients with self hypnosis techniques they can use in their everyday lives to improve their quality of life.

Your signature below allows me to work with your patient using visualization and progressive relaxation techniques to increase her/his own natural resources to cope with her/his condition.

Thank you,

Stacy Renz, CCHt, OTR/L, PYT
727-826-4754

Doctor Printed Name

Doctor Signature

/ _____
Date

Patient Name